

the BARNACLE

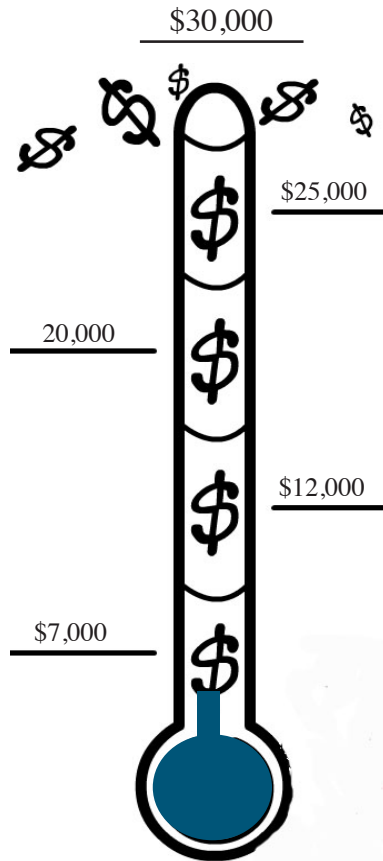


A publication of Crescent Beach Community Services (CBCS) at Camp Alexandra
 2916 McBride Avenue, Crescent Beach, BC V4A 3G2
 Design and Production: Donni Klassen
 Phone: 604-535-0015 Fax: 604-535-2720 Vine Ave Office: 604-538-5060
 e-mail: cbc sanh@uniserve.com www.campalex.com

HELP US PUT IT OVER THE TOP AGAIN!

Our goal for 2009/10 is \$30,000. Although these are challenging financial times for everyone, we're confident that we'll achieve this with YOUR help.

March 31 2010



April 1 2009

WHAT'S INSIDE...

- Create a Cookbook 3
- Alex Festival Entertainment & Prize Entry ... 4
- Summer Camp 5
- Easter Wrap-Up 7
- Developmental Assets ... 9
- Bridging Generations... 12

35th Annual Alexandra Festival

Saturday May 30th



11am-10pm

at Camp Alexandra in Crescent Beach

- Youth Art Auction • First Class Crafts & Unique Imported Items
- Draw Prizes • Food & Drink • Family Fun Zone

Entertainment All Day on an Outdoor Stage

Daytime stage features fiddler, Kierah Raymond, 2008 Canadian Folk Music Award Nominee, The White Rock Children's Choir, ethnic music, dancers and Vancouver's Carnival Band.

At 6pm settle in for an evening of awesome music with Mojo Zydeco, the Jesse Burch Band (winner of the 2008 PNE Star Search) and Heidi McCurdy

604-535-0015

There's something for everyone at this FREE family event!

Go to Page 4 for Entertainment Schedule, Family Fun Zone Activities and Tear-Off Entry Form for Draw Prizes: A \$500 Family Portrait Session at Crescent Beach donated by Frozen Reflections; a \$250 author visit or story-telling workshop by local children's author.

Drop off the completed entry form at the Frozen Reflection Booth at the Festival.

www.frozenreflections.com

Next Board of Management Meeting see Page 16



MEMBERSHIP & PROGRAM REGISTRATION

SOMETIMES GREAT PROGRAMS ARE CANCELLED...

Don't wait 'til the last minute to register – or you may be disappointed to hear that the program was cancelled for lack of registration. Most programs and services require a minimum number of participants and program decisions are always made in advance of the program start date to allow for adequate staffing/volunteers and food purchases if required. So remember – if you snooze, you lose!

You can register for programs and purchase memberships in person at the Camp office, or by phone at 604-535-0015 or by mail. We accept payment by cash, cheque, direct debit, Visa or Mastercard.

A current CBCS membership is encouraged or required for participation in most programs and services.

REFUNDS AND CANCELLATIONS

All membership fees are non-refundable

All programs and services are subject to change or cancellation on short notice. If we cancel, full refunds will be issued. Anyone who is unable to attend a program because we have had to change the date or time will be given a full refund.

If you cancel after the program start date no refund will be issued. If you cancel 14 days prior to the program start date, a full refund will be issued. If you cancel within 13 days of the program start date, a full refund will be issued only if another person registers in your place.

Subsidies are available on a case-by-case basis for both program registration and CBCS membership.



Many thanks to Cary Martin Lawn and Garden Equipment in Ladner, and Husqvarna Canada who gave us a huge discount on our new garden tractor. This new model replaces our 20 year old mower and makes the task much easier and faster!



Katie Kerr and Lily Ballantyne approach their culinary tasks with gusto at the last Pre-teen Cool Cuisine session in March. This popular cooking program will resume in the fall.

Crescent Beach Community Services at Camp Alexandra Membership Form

Individuals: \$15/annum Couples/Families (2 voting members): \$20/annum

Subsidized memberships are available (needs-based)

Name(s): _____
 Last Name(s) First Name(s)

Street: _____ City: _____

Postal Code: _____ Phone: (H) _____ (W) _____

e-mail: _____

Would you like to receive the newsletter by e-mail? _____ (Yes) _____ (No)

May We Call On You For Volunteer Work? _____ (Yes) _____ (No)

Date: _____ Signature: _____

Do you want to take out a membership in the Association of Neighbourhood Houses of Greater Vancouver, of which CBCS is a part?

Yes _____, I will pay an *additional* \$1 and want to be a member of ANH. I understand that I will receive notices of Annual General Meetings/ Special Meetings of ANH and other related communication from ANH

No _____, I do not want to be a member of ANH

I also want to support CBCS! Please accept my donation of: \$500 _____ \$250 _____ \$100 _____ \$50 _____ \$25 _____ Other _____

(Tax Receipts will be issued for donations of \$25 or more)

Please: do **not** send me information about fundraising activities & appeals, do **not** publish my name in/on the newsletter (the Barnacle) or CBCS website

PRIVACY STATEMENT: We collect the personal information above in order to maintain contact with you, to invite you to CBCS annual meetings and to provide you with information about future programs, services, events and opportunities to support CBCS. We do not share your personal information with any external individual or group without your written permission unless required by law or in a medical emergency.



YOUR SUPPORT IS KEY TO OUR SUCCESS

WITH A ROOF OVER OUR HEADS, WE CAN REACH FOR THE SKY!

We're proud and grateful to announce that Envision Credit Union Charitable Foundation has stepped forward with a very generous grant of \$5,000 to seed our \$50,000 campaign to replace the roof on the Administration building at 'Camp A'. We will feature Envision in our next issue of *The Barnacle*.

The upcoming May 7 charity golf tournament sponsored by the Rotary Club of White Rock Millennium will help us move towards our re-roofing goal. We've been thrilled with the response from local businesses and individuals who've donated items and services to the silent auction to supplement other revenues generated during the day's activities during the golf tournament. Donors so far include:



Aqua Riva Restaurant
Beecher Street Café,
Casbah Day Spa
Christopher's Gift Gallery
Cotton 'N Crayons
Crescent Beach Bistro
Jane Bird, Flowers and Company
Frozen Reflections Photography
Going Places Travel

Gold Key Motors
Hedge Pro
House Warmings
In the Pink,
Java Express
Kitchen Garden
Koi
Day Spa
Magique

Mark Anthony Wines
Nail Studio
Never E'Nuff Clothes
Ocean Park Nurseries
Pebble Creek
Petals and Butterflies
Nursery
author Lois Peterson
Salt Cellar Deli

Santa Per Aqua Spa
Semiahmoo Shopping Centre
Shells Salon Spa
Tap Restaurant
Turner Geox Shoes
Vancouver Kidsbooks - South Surrey
... and others.

A complete list of tournament sponsors and donors will be published in next month's Barnacle, along with an announcement of how much was raised by the auction in particular, and the event as a whole. Many thanks to the Rotary Club of White Rock Millennium for supporting the work we do in this way, and to Envision for their significant contribution.

SUMMER CAMPERS ARRIVE SOON!



With recent funding restraints, we rely more than ever on the support of service clubs and individuals to ensure we can provide the best experience for all campers this summer who will be attending our Family Camps for families with limited means, Teen & Young Moms' Camp and Camps for Supported Adults. So far, we've received substantial grants from the Soroptimist International of Surrey/Delta, White Rock Kiwanis, Vancouver Optimist Club, CKNW Orphans' Fund, and a number of individual donors. THANK YOU! Your generosity helps so many campers make the most of their time at 'Camp A'. Watch this space! We'll be profiling summer camp funders in *The Barnacle* as we receive news of their support, and in our September issue.



FREE ART WORKSHOPS BENEFIT YOUTH PROGRAMS

In early May, local teens will create works of art under the direction of local artist and environmentalist *Rogest*. These will be auctioned at the May 30 **Alexandra Festival** – with proceeds supporting youth programs at CBCS. They will be displayed on-site the day of the festival, and family, friends and local art aficionados will be able to bid on their favourite pieces in the auction that begins at 3:15 p.m. In-kind donations towards art supplies and refreshments for the workshops comes from Opus Framing and Art Supplies and Price Smart White Rock. THANK YOU FOR SUPPORTING YOUTH IN OUR COMMUNITY.



YOU HAVE TO BREAK A FEW EGGS TO CREATE A COOK-BOOK

At the May 30 **Alexandra Festival**, we'll be launching a Community Cookbook project, soliciting recipe contributions and volunteers to help bring the book to life. Our goal is to 'launch' the cookbook at the 2010 Alexandra Festival.

We hope to raise \$10,000 from cookbook sales (depending on advertising space and sponsorship), and use the project to spread the word about the services we provide for adults, seniors, children, families, youth and supported adults in our community. And of course we want to engage avid cooks—both amateurs and professionals—and raise funds to support CBCS programs and services.

If you'd like to be involved in vetting recipes, contributing your own, planning a launch event, selling ad space, helping find sponsors to help offset the printing and production costs—even naming the book—please contact Development Officer Lois Peterson at lpbcbs@uniserve.com or 604-535-0015 ext 233.

ALEXANDRA FESTIVAL 2009

ENTERTAINMENT LINE-UP SATURDAY MAY 30th

Daytime Stage 11am to 6pm

- 11:00 Bagpipes Opening Ceremony – David Avery
 11:15 La Kanjobalita Marimba – Delightful Guatemalan Mayan Music
 11:45 White Rock Children's Choir- Youth from Kindergarten to grade 2 will delight with their exuberant young voices
 12:15 Brigadoon Scottish Dancers- Youngsters continuing the traditions of their ancestors
 12:40 Mike Sheeshka – Singer songwriter of catchy originals, showing what talent we have in our own backyard.
 1:15 Visions Dance Company- Artistic Director Susie Green's award winning modern dancers
 2:00 Token Rhyme - Classy, rootsy song-driven ensemble playing original country-blues, folk and rock.
 2:45 Kierah Raymond - Talented 13 year old violinist's debut album was nominated for a Canadian Folk Music Award.
 3:15 Sahaja World Music – High energy eastern music will bring the crowd to its feet in fits of dancing fun.

Children's Art - Live Auction in Alexandra Hall

- 4:00 Connor McGuire - Singer songwriter will delight with his soulful originals.
 4:30 Gabrielle – Young singer whose voice and presence will amaze.
 4:45 MURP! - High energy original rock band always gets the audience smiling and dancing.
 5:30 Yasmina Belly Dancers – Beautiful young women performing the traditional eastern art form.

Evening Stage 6pm to 10pm

- 6:00 The Carnival Band – Uncontrollably vibrant players of street party music from all corners of the world.
 7:00 Heidi McCurdy and Urban Tribe - Blessed with a rich and sultry voice, Heidi McCurdy sings from the place where pop, jazz and soul meet.
 8:00 Mojo Zydeco – Dance music from the Bayou of Louisiana. Let the good times roll.
 9:00 Jesse Burch Band –Rock/Country Band was winner of PNE's Star Search 2008.

CALLING ALL FESTIVAL VOLUNTEERS

We still need lots of volunteer help to make it a perfect day. Positions include road marshals to secure the barriers on Sullivan Street, Lounge and Hospitality concession servers, beer garden servers (must have Serving It Right), roaming membership recruiters and bucket brigade (door prizes and donations), general security including the Beer Garden (must have Serving It Right), general go-fers, and some muscle to help with setting up tents, tables chairs, sandwich board signs etc. - and taking them all down again at 10pm. Choose a 2 hour shift or a 4 hour shift - or stay all day and don't miss a thing! Food vouchers provided.

FAMILY FUN ZONE ACTIVITIES

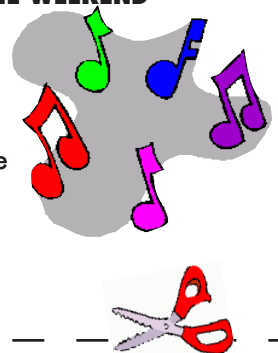
- Bouncy Castle
 Camp ALEX ECD display/activity colouring
 Painted Ponies - Kla-how-eya Aboriginal Centre - drumming show and tell
 Stampin' Up! with Carrie Gaskin - kids crafts
 White Rock Library - story telling, activities
 Burns Bog Conservation Society - display, puzzles, colouring, games
 Bean Bag toss - Camp Alex Supported Adults program

Surrey Fire fighters with Fire Truck, 1-3pm

- Face painting - Fanny Starchild
 MCFD Foster Parent Resource team - display, face painting
 Nelson Beavington - kids music show, roving musician
 Christopher James - magic shows, roving magician
 Surrey Gymnastics Tumbling
 Semiahmoo Family Place Games
 and more.....

IN HARMONY – ROUND OUT THE WEEKEND

On Sunday May 31 come back to the camp to celebrate the music and the musicians of the Semiahmoo Peninsula from 12 to 8 pm at In Harmony's Free Music Festival.



ALEXANDRA FESTIVAL 2009 GRAND PRIZE DRAW ENTRY FORM

Prize 1) Win a Family Portrait Session at Crescent Beach from Frozen Reflections Photography, value \$500.

Prize 2) Win a \$250 author visit or story-telling workshop from a children's author

Name: _____ Phone: _____

e-mail: _____

Please check here if you'd prefer not to be contacted with information about upcoming activities and fundraising initiatives.

SUMMER CAMP CORNER

SUMMER CAMP IS COMING!

Our residential summer camp program begins in June each year. We offer three 5 day camps for adults with developmental disabilities and/or mental health needs, a Family Camp for low income families with children 15 years and younger and a four day camp for teen mothers.

Registration is now taking place for all sessions. If you know of anyone who would appreciate a week of exciting camp activities, socialization, and an opportunity to enjoy a unique camp experience, please give us a call.

TEEN MOM CAMP

Our four day residential Teen & Young Mom Camp will run from June 30 to July 4 this year. This camp is for young and expecting moms to enjoy a fun, relaxing and stress-free experience with childcare provided throughout the day. Activities include crafts, parent/child yoga, beach volleyball, campfire and much more. Subsidies are available. Please call 604 535-0015 ext 238 for more information.



COUNSELORS IN TRAINING PROGRAM

Teens aged 13-15 learn skills and techniques necessary to become camp counselors and/or recreation leaders with an emphasis on working with adults with special needs and young children. Communication skills, leadership skills, and program planning are a few of the topics the CIT will learn while receiving 'on the job' experience volunteering directly with a counselor at our summer camps. For more information please call 604 535-0015.

SUMMER CAMP IS CREEPING UP ON US!

Where does the time go? Summer camp is fast approaching and this year, as in the past, more than 200 adults with developmental disabilities, teen moms and low income families will be looking forward to their stay at camp. For most of them, this is the only break they get each year from their day-to-day routines and surroundings.

Unfortunately, many of them have great difficulty coming up with the modest camp fees. Once again, we are asking for donations to help send a camper to camp this summer. Every donation of \$25 or more will receive a charitable donation tax receipt. On behalf of the campers, thanks very much for your generosity!

ART SUPPLIES NEEDED

With Summer Camp season upon us once again we are in need of new arts and crafts materials. Here is a list of what we can use (please bring only unused/ useable materials).

- Cardboard tubes, toilet paper rolls
- pipe cleaners
- sprinkles, glitter
- craft paper (coloured), tissue paper
- rolls of paper
- wool
- popsicle sticks
- wood crafts (frames, birdhouses etc)
- small clay plant pots (cleaned)
- clear plastic containers to store materials
- sketch books
- any packaged, unused art supplies
- magazines (all types)



If you can bring them in a plastic container, even better!

We can also use items you'd like to re-gift (new items only) for prizes for our Supported Adults Summer Camps (bingo is a very popular activity!)

- earrings
- trinkets
- sealed bath products
- gift boxes
- sealed music cd's
- think of things that you'd like to receive as Bingo prizes, they could be fun or practical (no toasters, frying pans, etc., not that practical!)

If you are bringing in both craft supplies and re-gifting items, please separate, or we may end up using gifts for crafts!

Thank you!

SUMMER EMPLOYMENT OPPORTUNITIES

Camp Alexandra is once again offering summer employment for various positions during our residential summer camps for adults with developmental disabilities or mental health issues, families on low income and teen and young moms. Camps run through June and July and positions include: Residential Camp Coordinator, Assistant Camp Coordinator, Camp Administrator, Camp Health Officer, Team leaders, Camp Counsellors, kitchen helpers (no experience necessary), a Kitchen Assistant, and a Second Cook.

Some positions are specifically for students who will be returning to school in the fall.

It's a great learning experience as well as an opportunity to earn some extra money and still have a month of summer to enjoy! For more information on positions and the application process, please visit our website at www.campalex.com.



Our summer campers will be here before you know it, and by the time camps roll around our kitchen is usually in need of replenishment. If you have any extra pieces of the following items that you don't really need, we could definitely use them!

Stainless cutlery: 150 teaspoons, 100 each pie forks, dinner forks and knives
Glass pyrex pie dishes: about 20
Stainless pie servers: about 6

Just drop them off at the office between 9am and 4pm, and thanks!

CHILD & PARENTING PROGRAMS

Programs are partially funded by the Ministry for Children & Family Development and/or the Province of BC and/or the United Way of the Lower Mainland.



SUCCESS BY 6



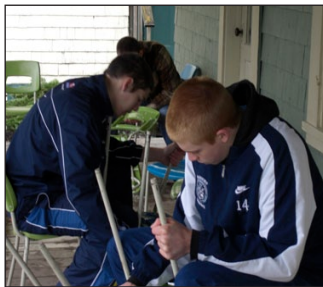
CHILDREN'S PROGRAMS



ALEXANDRA FAMILY PLACE



The Children's House has been providing families with opportunities for play and making friends for almost 90 years. The facility is designed to create a happy and positive environment for children.



Nine youth from White Rock Christian Academy came to Camp A for a morning to volunteer on a wide variety of projects. Many hands really do make light work!

WHAT'S HAPPENING IN BABY BEES/BUSY BEES IN APRIL

May 5:	Rainbow Drawings	BABY/BUSY BEES BUZZ
May 7:	Picture Frame Creations	• Stay tuned for the date of our
May 12:	Counting Book fun	2nd Annual Toddler Sports &
May 14:	Colourful Collage	Activity Day in June, and our
May 19:	Brush Painting	Baby and Busy Bees community
May 21:	Gadget Painting fun	drop-in times in July
May 26:	Handprint Butterflies	• Last day for Baby & busy Bees
May 28:	Nature Mural	for the summer is June 11th

TUESDAY/THURSDAY MORNINGS, 10AM-12:30PM SEPTEMBER TO JUNE, \$4 FAMILY.

Happy Mothers Day to all Mommies, Grandmas and Aunties!



Children's Book of the Month: "Learning About Colours"
White Rabbit's Color Book by Alan Baker

Our 2nd Annual Planting Day was great fun! We have beautiful flowers to enjoy in our Children's House yard. Thank you to all who brought flowers and participated. We will do it again to celebrate Earth Day next year.

We're looking for volunteers to help with children's activities at the Alexandra Festival on May 30th. If you're interested, call 604-535-0015 ext 229.

FAMILY PROGRAMS AND SERVICES

Parent Child Mother Goose program is a 10 week group experience for parents and their young children focusing on the pleasure and power of using rhymes, songs and stories together, nurturing the attachment and bond that is growing between parent and child. Parents gain skills and confidence, which helps them to create new and positive family patterns during the early years of their children. Once a parent and child have done a total of 30 weeks they graduate from the program with a song kit that they can use together in their day-to-day lives. **Check the Camp 'A' website for registration dates for spring and fall.** (www.campalex.com)



COPE-ing with Toddler Behaviour: This popular parent education program is back! Join us for this FREE 8 week group for parents and caregivers of 1-3 year olds who want to nurture a positive relationship with their child, promote positive behavior and connect with other parents. Using video clips, discussion, and skill-building exercises, facilitators guide parents to work together and incorporate strategies. Limited child-minding spaces available, preregistration required. To express interest in a fall evening group call Cindi at 604-538-5060 ext 23.

Parent-Connect: This is an ongoing support group that provides parents of children 5-12 years the opportunity to share and to be heard, to learn about and discuss various parenting skills, and to receive support and encouragement. We meet the 1st Wednesday of each month from 7-8:30pm at the White Rock Library. Drop in and join us, or for more info call Dianne at 604-538-5060 ext 22.

PARENT CAREGIVERS WORKSHOP "Children's Play and CREATIVITY"

Play is a child's work. It is how they learn and is crucial for their development. Come and learn about play and take a step into a child's world of discovery and exploration. This is a hands-on experience so come prepared to get messy! Parents and caregivers will leave with a toolkit of FUN activities that promote play, creativity and development that they can use at home. To register call 604-535-0015. No child-minding available. Cost: donation for supplies. Registration deadline: **Almost Full!**



LETTER FROM THE EXECUTIVE DIRECTOR

April showers, bring May flowers - or so they say, but I think the jury is still out on that one for this year. I do know April was a very 'full' month, planting many seeds for future growth. In amongst the projects we are involved with day to day - things like Parent Child Mother Goose, 1-1 Parent Education, Youth Movie Night, the Vine Youth Clinic, and preparing for Summer Camps, we had offered 3 special projects that highlighted the unique aspects of who we are as a community agency.

Our Bridging Generations theatre project 'Getting To Know You', confirmed for me the value and capacity of art to create community. The process was as interesting as the end result, and arguably more valuable. The relationships that formed during the project transcended generations, and individual life experiences. It was truly remarkable seeing these unique individuals come together to challenge perceptions, while sharing their gifts. However, the audience asked the tough questions, like 'Why was there no one from a visible minority on the bus'. Questions that need to be asked in any community - are we doing all that we can to ensure we're reaching out to everyone who lives among us?

Keith Pattinson presented a session on the 40 Developmental Assets (www.search-institute.org), a framework used in a variety of settings across Canada and the U.S., including YMCA, the Boys and Girls Clubs, and the City of Richmond. As part of our involvement in the Fraser Region's Asset Building pilot project, the Fraser Region's Community Justice Initiatives brought Keith Pattinson into our community to share stories of success, and inspire us to action in White Rock/South Surrey. Asset Building is a strengths based approach to working with young people, and not only does the work enhance the lives of children and youth, it has been shown to enhance the lives of everyone in the community. For more information - Google '40 Developmental Assets' or see the following websites -www.cjibc.org/ADP/Initiatives.htm, www.thrivecanada.ca.

We celebrated Volunteer Week April 19 - 25, by serving dinner to our amazing, dedicated team of volunteers. Many of us take for granted what we receive from people who volunteer their time to strengthen our community, and it is a highlight of our year to thank those who do so with such grace and generosity - our board and committee members, special events volunteers, Seniors and Community Lunch teams, along with the many individuals who take care of our grounds and provide support to our programs. Without each and every one of these volunteers, we couldn't do what we do each day. Thank you!

What entwines these three unique events is people. It takes people to build community - relationships, relationships, relationships! As we begin our newest project - Building Welcoming and Inclusive Neighbourhoods, I invite you to participate in your community. Work with us to create neighbourhood - not a neighbourhood limited by streets and avenues, but rather a neighbourhood that embraces and reflects the distinct, diverse, and unique individuals that make up your community. We hope you'll share your ideas about what community means to you, and work with us in Building a Welcoming and Inclusive Neighbourhood. *Building Welcoming and Inclusive Neighbourhoods is a pilot project involving a*

consortium of 13 Neighbourhood Houses, funded by Ministry of Advanced Education and Labour Market Development, through WelcomeB.C

Penny Bradley



EASTER ROUND-UP



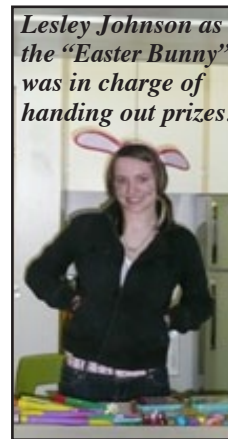
Our Easter Eggstravaganza event took place April 13 at Camp Alexandra. Every year Crescent Beach Community Services hosts this two-hour fair, primarily for children aged 1-6. There are games to play, prizes for participation and hot dogs to eat. We cap off the day with an outdoor Easter Egg Hunt.

This year we were blessed with awesome spring weather and the event was a huge success! Approximately 150 kids attended, parents and other family members in tow. Some came all the way from North Surrey.

As a youth worker, this event is always special for me because it is planned and run primarily by local youth volunteers. We had a great group of teens come to Camp A this year and make it all work for us. I'd like to thank:

- | | |
|-------------------|-------------|
| Lesley Johnson | Max Szeto |
| Jade Hickman | Mark Szeto |
| Celia Sutton | Richard Kim |
| Alexandra Pastega | Darren Choi |
| Salina Labelle | Lester Yeh |
| Derek Wu | |

Over the last few years, the White Rock Kiwanis Club has donated the funds we used to pay for prizes and food and for the last two years, they have cooked the hot dogs for sale at the event. Special thanks to Heather Whooley, who has organized other Kiwanis members to help out with the BBQ and drinks for the last two years.



Lesley Johnson as the "Easter Bunny" was in charge of handing out prizes.

The Kiwanis donation has made it possible for us to remove financial barriers and hold this event free of charge for children and families attending. We have also been able to raise funds for agency programs via food sales and donations given at the event.

The participation of local youth and our local Kiwanis Club in partnership with agency staff has made this truly an annual event for the community, put on by the community!

As an employee of our local neighborhood house, my involvement has felt both exciting and enriching. I'd also like to thank other neighborhood house agency staff who were involved: Maxine Larmour and Christine Christensen.

Jo-Ann Morrison
Manager of Youth Programs & Services



Children line up and eagerly wait for the Easter Egg Hunt to begin.



MINI CAMP '09

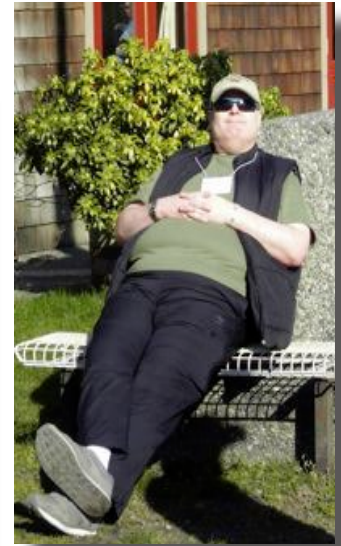
MINI CAMP MEMORIES

Tuesday, April 7th was a beautiful, sunny, warm day in Crescent Beach, but that wasn't all that made the day a fun one for us here at Camp Alex! It was the day that our annual Mini-Camp took place, and we have 60 campers with 30 volunteers out enjoying the day with us. Mini-Camp is an annual event where we invite people with mental health issues to come and reconnect and enjoy a day of activities at Camp Alexandra.

This year the activities ranged from laughter yoga to hula dancing, and from getting their eyes checked by an optometrist to enjoying Bingo out in the afternoon sun. We were able to sing some songs along with Nelson Beavington, and then enjoy a belly dance from Elizabeth Carefoot.

The Supported Adults Program Worker, Lisa Catalo, would like to thank all of the campers that came out to enjoy this day with us, and especially all of the volunteers who made the day such a success.

We are currently trying to get a focus group together for adults living with mental health issues to start exploring how we here at Camp Alex can meet your needs. If you would be interested in participating in this group, please contact Lisa Catalo at sacampschcs@uniserve.com or 604-535-0015 ext. 236.



YOUTH & FAMILY PROGRAMS

Programs are partially funded by the Ministry for Children & Family Development and/or the Province of BC and/or the United Way of the Lower Mainland



LINK is a drop in program for pregnant and parenting teens and young parents. Support, connection, education and community resource information is offered for pregnant and parenting youth. Both one-to-one and group services are available. For more information, call 604-538-5060 ext 22.

We want youth to have a voice in their community! We are in the process of organizing a concert/public forum for youth to talk about things they would like to see, or feel would better meet their needs in White Rock/South Surrey. Call 604-538-5060 ext 24 for more information.

RECONNECT YOUTH PROGRAM

Reconnect provides services to assist youth 13-18 who are considered to be "at risk". Our outreach team makes regular visits to schools and community gathering places to provide information about resources and services. They also provide one-to-one support, as well as group programming, workshops and support groups.

Keep an eye out for our team as we do outreach at various locations about South Surrey and White Rock.

Do you feel there is something our community needs? We want your input. Please call 604-538-5060 ext 21.

For information about youth programs and Reconnect referrals, please contact Jo-Ann at 604-538-5060 ext 21

VINE YOUTH CLINIC

DROP IN
MONDAY & WEDNESDAY
3:30 - 6:30



DOCTORS AND YOUTH WORKERS ARE AVAILABLE TO SUPPORT YOUTH AROUND ISSUES OF WELLNESS

Addictions - Eating Disorders - Depression
- Sexual Health -
- General Health & Wellness -

15455 VINE AVENUE, WHITE ROCK

604 542 3926 (Clinic) or
604 538 5060 (CBCS Child, Youth, and Family Centre)

www.vineyouthclinic.com



DEVELOPMENTAL ASSETS



My name is Eric Rice, and I am one of two new youth workers hired at Crescent Beach Community Services. To be honest, I had no idea what a "developmental asset" was until April 21st when Keith Pattinson came to Camp Alexandra and presented. All I knew heading into that evening was that the Vancouver Canucks were playing game four of a potential sweep and my new boss really wanted me to attend. What a drag, eh? Wrong. Keith Pattinson knows how to tell a story, and he knows how to help a person realize how important community is. I walked away from the evening inspired to empower youth by helping them find and take advantage of assets available in our community.

The "40 Developmental Assets" is a list of "building blocks for healthy development," that, when available, help a youth succeed. Assets come from internal sources such as achievement, motivation, interpersonal competence, honesty, sense of responsibility, etc. They also come from external influences such as school, neighbours, the spiritual community, extracurricular activities, and so on. Assets become valuable via a youth's interaction with family members, teachers, and members of their community. A youth who is supported by many different pieces of a community (i.e. has access to lots of "assets") has a better chance of succeeding. Comparatively, youth with little connection to surrounding support are susceptible to higher risk behaviors.

Statistically speaking, youth who identify fewer assets in their lives also admit to using more drugs, alcohol, and participating more often in violent behavior. Youth who say they have caring teachers, are encouraged to join sports teams or musical groups, have a job, have quality time at home and/or feel safe with their friends, family and community members have more positive outcomes.

Keith Pattinson, a North Delta resident, knows Assets. In fact, he has been referred to as the local "grandfather" of Asset Development. Keith has an extensive past set in community-based programs and services. At present, he is the Regional Director for the Boys and Girls Club of BC. Keith is an inspiring person, who has the ability to pass on his passion for becoming a positive influence for young people.

Keith spent the evening walking us through the importance of community in the development of youth. He started with an exercise in which we were instructed to think of someone from our youth who had an impact on who we are now. The response was interesting in that each person attending had a different influence in their life: past camp counselors, parents, aunts/uncles, teachers, ex-bosses, etc.

Keith then took time to explain how even a short conversation can help shape a youth's future. Going out of our way to notice and interact positively with a youth can have more of an impact than one might imagine. All it takes is an open heart and desire to help the next generation succeed.

As parents, teachers, youth workers, etc., we have an opportunity to shape the next generation. I know I can think of people who noticed me and inspired me in my youth. The future of our community is up to us and it is an enormous privilege to be able to have a positive impact. I am hoping that others in this community can also be inspired to act on their potential as assets to our youth.



ADULT & SENIORS PROGRAMS



Drop In Lounge: Stroll the beach, then drop in for coffee. Wed 9:30-11:30am to the end of May.

Community Hot Lunch and Community Kitchen: Thurs starting Sept 11 at First United Church in White Rock. Lunch is served at 11:30am and is open to anyone on a restricted income. \$3/person or 'as you can.'

CRESCENT MOON COFFEE HOUSE

Camp Alexandra Dining Hall (Lodge)
Come and meet your neighbour
Bring your instruments
1st & 3rd Sundays
of each month, 5pm

NEEDLES AND PINS

A drop in knitting group meets in the lounge in the Longhouse on Wednesdays from 7 to 9 pm. Fees are \$2 per person. This is a very informal, unstructured group. Please bring your own projects and refreshments. Everyone is welcome. No registration required.



COFFEE HOUSE FOR ADULTS WITH DEVELOPMENTAL DISABILITIES

is held the last Wednesday of each month, 6-8pm in the Dining Hall. Join us May 27th for lots of fun activities! Bring your caregiver, friends and neighbours

and socialize with your friends (new & old). Call Lisa at 604-535-0015 or email sacampscbcs@uniserve.com to register. \$3 per person.

Outreach services are also available

for adult mental health consumers living in supported or independent settings.

Please contact Lisa at 604-535-0015 or sacampscbcs@uniserve.com for further information.



Senior's Hot Lunch: Wed 12-2pm. Come and join us for a delicious lunch, followed by entertainment or speakers. Rides provided in the Crescent Beach/Ocean Park area. \$6.



- May 6 Melodious Mandolins
- May 13 Plant Market and Container Gardening
- May 20 Line Dancing with Camp Staff
- May 27 Mike & Chad Musicians- Last Lunch

DAY TRIPS

Thursday May 28. Shop until you drop 9:30am-2:30pm. Call for applied fees.

LANGLEY WINERY TOUR

Join us on Thursday May 21 from 10am-4pm for an eye-opening tour of our local wine industry. See where the grapes - or in some cases - cranberries and other fruit - are grown, find out how it's all processed and sample some of the finished products. The cost is only \$15, not including lunch.

If you'd like to come along please pre-register by calling 604-535-0015.



MAY DAY TEA FRIDAY MAY 15th

Two sittings: 2pm or 3pm

Celebrate mothers and all women as you enjoy the ocean view from Beecher Place. Enjoy treats, speciality teas from Aromatica Fine Teas of Chilliwack, and pastries while enjoying a performance by local musician Fabian Saul. Call 604-535-0015 to register. Seating is limited.



Nurse Next Door
Home Healthcare Services.

Services Provided: Companionship, Assisted Outings, Personal & Nursing Care, and Respite.

Let us help you and together we'll help Camp A with a \$25 donation in your name!

"Making Lives Better One Visit at Time"

6 0 4 - 6 1 3 - 7 6 7 9



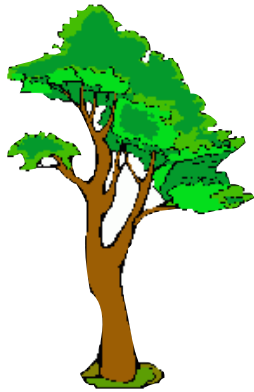
We'd like to form an intergenerational Gardening Club to teach and learn from each other here at Camp 'A'. Call 604-535-0015 ext 232 to express interest.



ENTHUSIASMS

LIFES REFLECTIONS

By Tom Mathieson



How times change and people's attitudes change over many, many years. Years ago, if a couple co-habited it was a sin. Today we find two people, boyfriend and girlfriend, both working hard to keep a "roof overhead". This practice is well accepted today. In the past, family members would meet in a quiet spot with very low voices to discuss this situation. Some situations prevail- when a person tried to get information for the "family tree" – the talk was always in private. Today if you have a computer, on the internet, you can talk freely with a person trying to find a lost relative.

This last summer my daughter, who is diligently working on our family tree, took three weeks holiday to visit England, Wales and Scotland. After renting a car they drove north from Wales heading to Scotland. Armed with the present family tree, on one stop in a country village the town museum was open. Taking her family tree, she went inside, made acquaintance with the curator and commented about searching for relatives. The lady replied that she could help with the quest to find family members and "maybe show you where some of your cousins live." My daughter waited for the museum to close and drove with the curator to a friend's home. After consulting with the family member, others were called and at least five new relatives were found and put in order on the family tree. My daughter said "Dad, it was really spooky! One lady looked like we were clones – and then she said she couldn't read the family tree because she'd left her glasses at home. My daughter handed hers to the new-found cousin and low and behold, they were a match. Another cousin took the same eye test and passed 100%. This family was never spoken of in our home and they did not know we even existed. My daughter has added their names to our family tree. Last summer she contacted a lady on Mayne Island who was looking for information on the other side of our family tree and now they are "hooked up" on computer, supplying information as it comes to light.

Some people don't like digging into the past but just recently I found that my mother was born in England and not in Wales. She passed away many years ago thinking she was Welsh "Mother, be still – it doesn't matter. We love you just the same!"



It was a picture perfect day for Mini Camp '09. Campers had a day of fun, friendship and sunshine - what more could you ask?



As always, our Volunteer Appreciation Dinner brought lots of smiles to an appreciative and much appreciated crowd!



TAI CHI

Ongoing Classes

BEECHER PLACE, CRESCENT BEACH

For Information - call or email

Ph. 604-538-9128 or taiji@shaw.ca

~~~~~

**Sing Musical Theatre Hits!**

Thursdays 7:30 □ 9:00 pm

Ocean Park Hall

1577 □ 128th Street

All Ladies Welcome □ No Auditions!

Ivy Charyna (604) 536-0346

icharyna@telus.net

White Rock

Community Choirs

for Women




~~~~~

ODDS 'N SODS ...

AND THAT IS THAT



Monday March 23,
2009

By Jim Gifford

After a winter so lazy
Spring fever made her crazy
And Gypsy The Cat
Who grew somewhat fat

This morning was frisky
And acting a little risky
For on letting her outside
She really moved her hide

In a dash and a scurry
Of furry flurry
She got caught in a tree
Quizzically gazing to be free

It happened in Vancouver
And after a careful manoeuvre
And a helping hand
She returned to land

This bit of spring's mystery
Here now is history
About Gypsy The Cat
And that is that



BRIDGING GENERATIONS

Intergenerational Theatre Project

"Theatre is a wonderful tool to build bridges to others and is much more fun than just talking about differences. Acting them out is much more effective!"

This innovative project, funded by the United Way of the Lower Mainland was a step into the unknown for CBCS. As a neighbourhood house, we provide programs, services and community events for people of all ages and abilities, but sometimes, 'never the twain shall meet!' We were looking for a vehicle to begin bridging the gap between young and old, looking for a way to bring them together, challenge stereotypes and increase understanding amongst different generations. The United Way was also looking for ways to promote intergenerational projects, and so "Getting To Know You" began to evolve.

An enthusiastic, fluid group of participants of all ages gradually coalesced into a core group who began with story-telling and role playing and, under the professional direction of Ellie King, ended with the production of a play which was performed in front of three audiences. The main production, a dinner theatre style show, was sold out.

The overall impact the play had on three separate audiences, was unexpected as was the reaction of the audiences to the messages of prejudice, judgment, and perspectives portrayed by the actors. Some people were moved to tears and others saw themselves in the actor's character and sought to change their attitudes.

A ripple effect of interest is growing in our community, and we are looking forward to continuing this intergenerational approach in all program areas.

GETTING TO KNOW YOU - THE PLAYERS ...



UNCLASSIFIED...

WANTED

Vintage clothing circa 1850 through 1950's.
Call Jayne at 604-538-1139

BUY-LOW FOODS Hillcrest Mall in White Rock



Community Spirit
Check and Save
CBCS Supporter



KOLIDA'S BURRITAS

Fresh or Frozen
6 packs \$24
Limited supply
Call **604-538-5149**



Calling All Clothing Exchange Users...

It's time to pass the torch!

After more than 20 years
our dedicated Clothing Exchange
volunteers are ready to retire

If you have a couple of hours a month
(between September and May), a day in September
and a day in March, you could step into their shoes.
The task is simple - just sort, fold, and place - or toss!
No washing or mending required.

**If you're interested call
Penny at 604-538-4581 or
check in at the Camp Office.**

May Day Tea



For Women
of
All Ages

Friday May 15th
2pm or 3pm

at Beecher Place
upstairs at 12160 Beecher Street

Please pre-register at 604-535-0015.
\$8/person

BERNHERD

By Jim Gifford

Bernherd is an imaginary creation of my psyche. He emerged during my years in Crescent Beach as caregiver to my mother, Betty.

Sometimes, my elderly mom wanted to go shopping and I wasn't up to the challenge and chore. That's when Bernherd first appeared in my inner vision.

Sitting with mom, in her den affectionately called great-granny's grotto, I would turn to my side and say "Bernherd, what do you think?" Then, looking mom in the eye, I'd say "Bernherd doesn't think it's a good idea." Mom would laugh heartily and I'd be bailed out.

One afternoon at The Beach, she was ensconced watching a movie and I strolled the seaside path. Arriving at Raf's Hideaway, I entered, Sean the owner standing at the til. Bernherd was new to the world.

Saying hello, I asked Sean if he knew Bernherd, my invisible friend. Without missing a beat, he looked into space and said "Hi Bernherd." Then, looking at me, he mused "it gets lonely here at Crescent Beach, doesn't it Jim."

On reflection, no Sean, it doesn't. For always there to share my life is guess who?
Bernherd!

ENTHUSIASMS...

Camp A Retreat & Conference Centre Modern Service in a Vintage Setting

BIRDS ON THE BAY

Celebrate Boundary Bay, Site of Hemispheric Importance & Canada's top-rated Important Bird Area of 597 sites. As a major stopover on the Pacific Flyway, this amazing area features habitats of eelgrass beds, mud flats, estuaries, salt marshes, bogs & streams that support more than 333 bird species, including some that are rare & endangered.



Join Friends of Semiahmoo Bay Society & Partners to explore these special places, see birds & local wildlife, sketch, photograph, kayak, enjoy special events & more.

Event schedule and more information are available at: www.birdsonthebay.ca

Spring is sprung (almost), The grass is riz I wonder where the clothing is?

Our Clothing Exchange volunteers will soon be doing their spring cleaning, and the Clothing Exchange will be ready for better weather and the introduction of our new spring line. Get that spring-cleaning done, root around in those closets and if you haven't worn it in the last year, pass it on. The Clothing Exchange is ready!

Please - no clothes in need of mending, or badly stained. Just pick up the key from the office, place items in the appropriate spot, and take what you need.

That's it!

FRIENDLY VISITORS

Do you enjoy people? Would you like to spend a couple of hours a week visiting a senior in their own home? Senior Support Services invites you to become a Friendly Visitor, just one of the many SSS programs which are designed to help seniors to maintain their independence in the security of their own homes. Please call 604-541-9400 if you'd like to give it a try.

WELCOME TO YOUR NEIGHBOURHOOD - ONLINE

Visit www.crescentbeach.bc.ca or www.oceanpark.bc.ca

Explore it all, find out what's happening, find out what services are available, check out the classifieds or consult the Business Directory. It's all there.

The sites are designed to provide you with a variety of ways to connect with and communicate to your neighbours and your community, promote your events, advertise your products or services and keep track of what's happening.

For more information contact amcinnes@telus.net

Camp Alexandra, just half a block from the beach, offers a variety of rental spaces for meetings, socials and overnight rentals with catering. For more information call 604 535-0015 ext 231 or visit our website at www.campalex.com.

Media Meeting Room

Located on the second floor of the Lodge, the Media Room accommodates 30 people in a well lit, relaxed setting. Amenities include: tables, chairs and couches, VCR, DVD, TV, cable and internet, elevator access, two washrooms

Dining Hall

Located on the main floor of the Lodge, the Dining Hall accommodates 90 people in a heritage setting. Amenities include: tables and chairs for 90, pull down screen and projector, wood burning fireplace (presto logs), two washrooms

Alexandra Hall

Located off Sullivan Street, Alexandra Hall accommodates 90 people in a heritage setting. Amenities include tables and chairs for 100, a wood burning fireplace (presto logs), two washrooms, mini serving bar for beverages and snacks



Activity Room

Located on the second floor of the Longhouse, the Activity Room accommodates 35 people. Amenities include tables and chairs for 35, an elevator, a wood burning fireplace (presto logs), a white board, two washrooms

Lounge

Located on the main floor of the Longhouse, the Lounge accommodates 24 people in a casual setting. Amenities include round oak tables and chairs, a wood burning fireplace (presto logs), washrooms

Beecher Place

Located on the water at 12160 Beecher Street, Beecher Place is the perfect setting for weddings, socials, workshops, presentations, shows and meetings. Amenities include: tables and chairs for 80 people (maximum capacity),



panoramic ocean view, pull down projector screen, mini kitchen with fridge, stove, microwave, sink and counter, two washrooms, elevator. For information please visit our web site at

www.campalex.com, click on Facility Rentals, then Beecher Place or call 604- 535-0015 ext 231.

ENTHUSIASMS...

Crescent Beach Community Services is a registered charity and tax receipts may be issued for all donations of \$25 or more.



Estelle Bogoch graduated from Algonquin College in Ottawa with a diploma in Horticulture & Landscape Design. Originally from Montreal, she now lives in White Rock. Estelle does garden design consultations (Gardentalk) and teaches courses at VanDusen Botanical Garden, and White Rock Leisure Services.

She works as a horticultural therapist at local care homes. She is a guest speaker and has written a book called 'Crosswords for Gardeners' that is available by contacting Estelle at 604-538-9466 or estelle@gardentalk.ca She is passionate about living and gardening in this part of the world. Estelle contributes a monthly column to The Barnacle.

MAY GARDENING

We're finally enjoying lovely spring weather and the local garden centres are filling up with endless temptations. Towards the end of the month, it will be time to select annuals for your hanging baskets. Here are some colour options to consider.

Using one colour and selecting lighter and darker tones of this colour will produce a monochromatic scheme. The basket will be delicate and feminine. If you like red and pink with lots of shades in between, here are some options:

Sweet William	white/pink/red/wine
Weeping Lantana	pink
Geranium	white/pink/red/wine
Globe amaranth	white/pink/wine
Alyssum	white/pink/mauve
Impatiens	white/pink/mauve/red
Petunia	white/pink/wine/mauve/red

For a more dramatic effect, use a complementary colour scheme. These are 'opposite' colours. Purple contrasted with orange is an eye opener. Again, use lighter and darker tones of these two colours:

<i>Ageratum</i>	Ageratum	mauve
<i>Felicia</i>	Blue Marguerite	mauve/blue
<i>Brachycome</i>	Swan River Daisy	mauve/pink
<i>Browallia</i>	Browallia	mauve/purple
<i>Lobelia</i>	Lobelia	purple
<i>Viola x wittrockiana</i>	Pansy	purple/orange
<i>Tagetes</i>	Marigold	orange
<i>Zinnia</i>	Zinnia	orange
<i>Tropaeolum</i>	Nasturtium	orange

Be sure to plan your colour scheme, before you buy any plants. With so many choices available, just fill your cart with a variety of many lighter and darker tones of the colour you want. As the season progresses, your basket will fill in and you'll enjoy it until Fall.

Until next month...



Estelle Bogoch

Diploma: Horticulture & Landscape Design

- College Hort. Instructor
- Garden Design Consultant
- Author
- Guest Speaker

(604) 538-9466

www.gardentalk.ca / email: estelle@gardentalk.ca

MONA'S PLUM TREE

by Dee Walmsley,

Mona's attitude towards raccoons has changed completely since she and I became friends. When watching them in her yard, she feared for the safety of her cat and scared them off with her threatening shouts. Her neighbours also disliked the pesky beasts.



However, by sharing my personal raccoon stories with her she has come to appreciate and even enjoy these masked bandits. That is, until recently.

Mona has a lovely garden overlooking the ocean. Bald eagles perch atop giant firs surveying their kingdom. Humpback Whales mist the air as they glide by and resident Orcas are sometimes seen breaching in play. Mona appreciates all of nature's treasures but the one jewel in her crown is her plum tree. Each spring she anxiously watches the bees buzzing by pollinating each awaiting blossom. When the petals fall revealing the birth of each plum she salivates in anticipation. Mona loved eating plums, but then so do raccoons. Each day Mona inspected her tree as the plums began to form and ripen which is why she couldn't believe her eyes when her much anticipated fruit lay on the ground beneath the tree.

One sunny afternoon as she walked past the patio door she noticed the tree's leaves trembling and stopped to take a closer look. She stood aghast as the sight before her. Four little masked raccoon bandits sat smacking their lips while mum up the tree carefully picked the juicy fruit and tossed it down to her precious babes.

Mona didn't know whether to laugh or cry; she did however quickly pick those plums the moment the last ringed tail disappeared over the bluff.



Jean and Ann-Lynn have a good laugh at the Volunteer Appreciation Dinner last month.

**The CBCS office will be closed
May 18, July 1, August 3 and
September 7.**



Deadline for contributions to the June Barnacle is Friday May 29th.

STATEMENT OF DIVERSITY

- We are children, youth, adults and seniors of all races, all religions, all cultures, all abilities and all economic levels
- We speak many languages
- We are men and women of all sexual orientations
- We value diversity
- We endeavour to reflect the diversity of our neighbourhoods in our membership, our Boards of Mangement, our volunteers and our staff
- We respect all our neighbours
- We expect that all who come to our Houses, all those who provide or receive our services, will extend the same respect to all those they meet here
- Therefore, we will act to promote the inclusion of all in our Association and in our community

THE BARNACLE

Advertising Rates

Business Card Size: One month \$10, Three months \$25

Crescent Beach Community Services at Camp Alexandra
 2916 McBride Ave Crescent Beach, BC V4A 3G2
 Phone: 604-535-0015 Fax: 604-535-2720
 e-mail: cbsanh@uniserve.com www.campalex.com

CBCS STAFF

Executive Director: Penny Bradley
 Program/Communications Director: Donni Klassen
 Director, Core Operations: Rita Frederiksen
 Manager, Facilities & Catering: Ginny Loudon
 Property Manager: Mark Klassen
 Fund Development Officer: Lois Peterson
 Manager, Family Programs, Services: Dianne Schwartz
 Manager, Food Programs & Services: Stella Buttner
 Manager, Youth Programs/Services: Jo-Ann Morrison
 Community Services Manager: Maxine Larmour
 Reception/Admin: Barbara Stevenson, Moira McVey
 Seniors Worker: Carol Ann Shannon
 Caterer: Diane Kolida
 Youth Outreach Worker: Danielle Kreutzer, Eric Rice
 Youth & Family Worker: Jon Robertson, Christine Christensen
 Coordinator, Childrens Programs/Services: Cindi Mercer
 Early Childhood Dev Prog Coordinator: Shelley Cranstone
 Supported Adults Program Worker: Lisa Catalo
 Parent/Teen Mediator: Ian Blatchford
 Custodian: Don Akhurst
 Caretakers: Lisa Lucow, Jayne Baxter

MISSION STATEMENT

As a unique neighbourhood house that is rooted in a heritage facility, Crescent Beach Community Services (CBCS) provides programs, services, facilities and community-building events that address the evolving needs and aspirations of diverse people on the Semiahmoo Peninsula and beyond. CBCS engages, educates and empowers in order to foster community spirit and participation, build supportive relationships, and nurture individual, family and community well-being.

WHO DO I CALL?

We can link you with the service you need!

Information and Referral 604-542-4357 (HELP)

Monday - Friday 8:30 to 4:30
 A Program of Peace Arch Community Services

**Caretaker Emergency
 604-790-4051**

The next meeting of the CBCS Board of Management will be held at 5pm Tuesday May 26th. All CBCS members are welcome to attend. Please RSVP to to 604-535-0015.

CBCS BOARD OF MANAGEMENT

- Mike Sheeshka •Drew Ratcliffe •John Hentschel
- Bill Lightowlers •Dana Gill •
- Jane Bird •Ruth Sebastian •Jordan Phillips

*CBCS Office Hours
 Monday to Friday 9am -4:30pm
 (June - August 9am-4pm)*

CBCS STAFF PHONE DIRECTORY

Camp Alexandra 604-535-0015

Vine Ave Child Youth & Family Centre 604-538-5060

Barb Stevenson/M McVey	221	Shelley Cranstone	229
Donni Klassen	223	Stella Buttner	228
Penny Bradley	227	Carol Ann Shannon	232
Rita Frederiksen	222	Lois Peterson	233
Mark Klassen	226	Ginny Loudon	231
Lisa Catalo	236	Maxine Larmour	238
Kitchen:	225		

Jo-Ann Morrison	21	Ian Blatchford/Aux. Workers	28
Dianne Schwartz	22		
Cindi Mercer	23		
Danielle Kreutzer	24		
Jon Robertson	26		

